

# Institutionalized

## Suicidal Tendencies

Sometimes I try to do things  
and it just doesn't work out the way I want it to  
and I get real frustrated,  
and like, I try hard to do it,  
and I like, take my time,  
but it just doesn't work out the way I want it to,  
it's like I concentrate on it real hard,  
but it just doesn't work out,  
and everything I do and everything I try,  
it never turns out,  
it's like I need time to figure these things out,  
but there's always someone there going:  
- Hey Mike, you know,  
we've been noticing you've been having a lot of problems lately, you know,  
and you should maybe get away, and like, maybe you should talk about it and you'll feel a lot  
better  
And I go: No, it's ok, you know, I'll figure it out,  
just leave me alone, I'll figure it out, you know, I'll just work it out myself.  
And they go: Well, you know,  
if you wanna talk about it,  
I'll be here, you know,  
and you'll probably feel a lot better if you talk about it,  
so why don't you talk about it?  
I go: No, I don't want to,  
I'm okay,  
I'll figure it out myself!  
And they just keep bugging me  
they just keep bugging me,  
and it builds up inside  
So you're gonna be institutionalized  
You'll come out brainwashed with bloodshot eyes  
You won't have any say  
They'll brainwash you until you see their way  
I'm not crazy  
institutionalized  
You're the one who's crazy  
institutionalized  
You're driving me crazy  
institutionalized  
They stick me in an institution  
Said it was the only solution  
To give me needed professional help  
To protect me from the enemy, myself  
I was in my room,

and I was just, like, staring at the walls, thinking about everything, but then again I was thinking about nothing,

and then my mom came in and I didn't notice she was there and she called my name and I didn't hear her and then she started screaming: Mike, Mike! And I go: What, what's the matter?

She goes: What's the matter with you? I go: There's nothing wrong, mom

She goes: Don't tell me that!

You're on drugs!

I go: No mom, I'm not on drugs, I'm ok, I'm just thinking, you know, why don't you get me a Pepsi?

She goes: No, you're on drugs!

I go: Mom, I'm okay, I'm just thinking

And she goes: No, you're not thinking, you're on drugs!

Normal people don't act that way! I go: Mom, just get me a Pepsi, please all I want is a Pepsi

And she wouldn't give it to me!

All I wanted was a Pepsi, just one Pepsi, and she wouldn't give it to me!

Just a Pepsi! They give you a white shirt with long sleeves Tied around you're back, you're treated like thieves Drug you up because they're lazy

It's too much work to help a crazy I'm not crazy institutionalized

You're the one who's crazy institutionalized

You're driving me crazy institutionalized

They stick me in an institution Said it was the only solution

To give me the needed professional help

To protect me from the enemy, myself

I was sitting in my room, and my mom and my dad came in, and they pulled up a chair and they sat down, they go: Mike, we need to talk to you.

And I go: Okay, what's the matter?

They go: Me and your mom, we've been noticing lately you've been having a lot of problems,

And you've been going off for no reason, and we're afraid you're going to hurt somebody, and we're afraid you're gonna hurt yourself, so we decided

that it would be in your best interest

if we put you somewhere where you could get the help that you need.

And I go: Wait, what are you talking about?!

WE decided?!

MY best interest?!

How do you know what MY best interest is?!

How can you say what MY best interest is?!

What are you trying to say?

I'm crazy?!

When I went to YOUR schools,  
I went to YOUR churches,  
I went to YOUR institutional learning facilities?!  
So how can you say I'm crazy?  
They say they're gonna fix my brain  
Alleviate my suffering and my pain  
But by the time they fix my head  
Mentally I'll be dead  
I'm not crazy  
institutionalized  
You're the one that's crazy  
institutionalized  
You're driving me crazy  
institutionalized  
They stick me in an institution  
Said it was the only solution  
To give me the needed professional help  
To protect me from the enemy, myself  
It doesn't matter, I'll probably get hit by a car anyway.

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